



FOOD NEEDS SHOPPING LIST

Most Needed Items are in **BOLD**

CANNED GOODS

- Tuna
- Chicken
- Ravioli/Spaghetti-os
- **Beans (black, red, refried)**
- Spam
- Salmon
- Chili/Stew
- Corn
- Tomato Paste
- Tomatoes (any variety)

BOXED/BAGGED ITEMS

- **Dried Beans (pinto, black)**
- **Mac & Cheese**
- **Boxed Pasta (1 lb)**
- Rice
- Rice Side Dishes
- Pasta Side Dishes
- Oatmeal
- Hamburger Helper
- Cake Mixes & Frosting
- Crackers

BEVERAGES

- **Tea Bags**
- **Coffee - ground**
- Coffee - KCups
- Juice (canned/plastic containers)
- Juice Boxes
- Evaporated Milk
- Hot Chocolate
- Koolaid/Lemonade

MISCELLANEOUS

- **Pop-Tarts/Oatmeal**
- **Pancake Mix and Syrup**
- **Condiments (any)**
- Flour or Masa
- Sugar
- Vegetable Oil
- Peanut Butter and Jelly
- Pasta Sauce (no glass)
- Salad Dressing
- Baby Food

PERSONAL CARE

- **Shampoo/Conditioner**
- **Body Soap or Body Wash**
- **Toilet Paper**
- Toothpaste
- Toothbrushes
- Feminine Care Products
- Laundry Soap
- Paper Towels
- Cleaning Products (any)
- Baby Wipes

If it has been in your pantry so long that you will not eat it, it should not come to ours. And, please, no glass items.

TOGETHER, WE'RE KEEPIN' THE KIDS FED!

More Ways to Help



Food donations help, but monetary donations go even farther and allow us to buy exactly what we need

when we need it. Scan our QR code to visit our website or go to d300foodpantry.org

Donation Drop-off Information

Location: 100 Cleveland Ave, Door 20 Carpentersville

Days & Times:

- Tuesdays: 8 to 10am and 6 to 8pm
- Wednesdays: 11am to 1pm

Or drop off in the red bin out side the door anytime or email donate@d300foodpantry.org to arrange pickup.